



Bright Ideas for Purchasers

INFOGRAPHIC

# PROPOSAL

2017

We look forward to talking with you.



Reliant Behavioral Health

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[myrbh.com](http://myrbh.com)

# About Us

2+

Decades delivering mental health, EAP, well being, and life solutions for individuals and organizations.

>6.5

Million lives covered across the country with the ability to serve people globally.

>15,000

Providers to deliver EAP, mental health, monitoring, resilience coaching, and health coaching.

<3

Dollars a month per individual can help improve health, productivity, safety, attention, and well being.

2017

We meet you where you are now with integrated services that scale to fit your changing needs.



**Flexible & Scalable**  
**Local Footprint**  
**National Presence**  
**Global Reach**

Opioid Mgmt.

Resilience

Impaired Professionals Monitoring & Testing

Wellness Programs

Condition Management

Work-Life Balance

Employee Assistance Program (EAP)

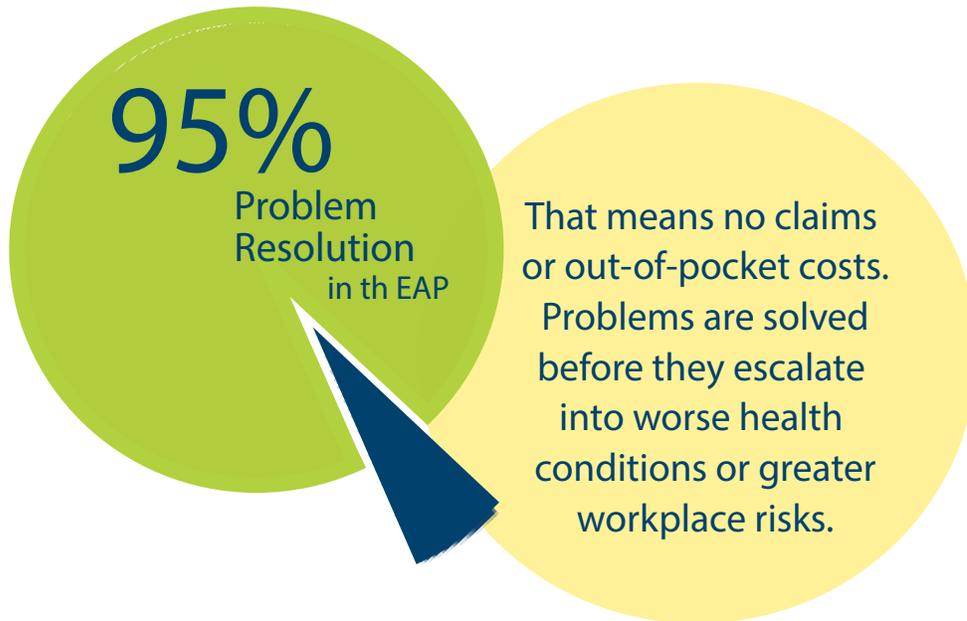
Care Management: Mental Health & Substance Abuse

Late 80s

2017

Broad and Deep Experience

# EAP Solves Problems



## Return on Investment

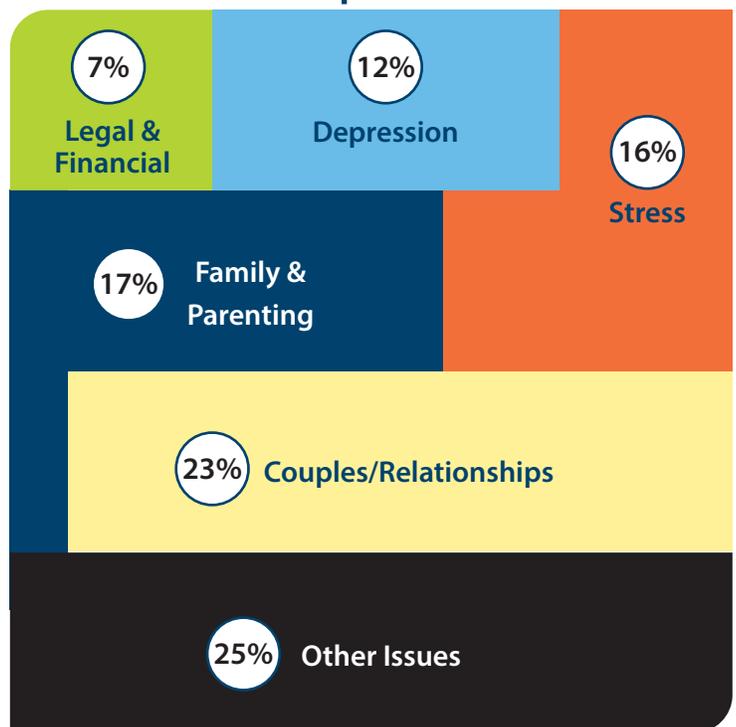
For every \$1 spent, national studies consistently yield ROI outcomes ranging from \$3 to over \$10.

## Return on Value

A responsive, accessible EAP lets your people know you care about them and their families.



## Top 5 Reasons People Use the EAP



Combined Counseling, Worksite, & Work-Life Services:  
**Critical for an EAP to be Effective**

# Individual Tools Drive Performance

Confidential in-person counseling for unlimited issues

On-line access to consultations by licensed counselors

Comprehensive in-person problem assessments

24-hour, toll-free crisis access

## Timely Counseling & Support



## Work-Life Balance



Legal and financial services with will kits

Child and adult/eldercare resources

Personal mediation services

Identity theft recovery

Smooth transition between the EAP and other care

Ongoing promotional and educational materials

Appropriate referrals to community resources

Local and national provider network

## Coordinated & Visible Care



## Easy Online Resources



MyRBH.com

Group-specific summary of available RBH benefits

Online life-balance (newsletters, movies, articles, wills, etc.)

Online supervisor tools and promotional materials

Live & recorded webinar trainings by industry experts

# Work-Life Tools Make Life Brighter

## Financial Services



Free phone support for up to 30 days for each new financial issue, such as debt counseling, budgeting, and college or retirement planning.

## Online Wellbeing & Trainings



Health news, wellness resources newsletters, financial calculators, legal forms, and over 50 trainings.

## Legal Services



A free, 30-minute consultation with a local attorney, followed by a 25% discount in legal fees. Free will kits are also provided.  
*Work-related issues are not covered.*

## Child, Adult, and Elder Care



Free phone access to child, adult, and eldercare specialists to answer questions and help find local, useful resources for your family.

## Identity Theft Recovery



Free support in the recovery process for restoring your identity and credit after a theft incident.

## Mediation Services



Free consultations for personal, family, and non-work issues such as custody neighbor disputes, or real estate.

# Worksite Tools Support Efficiency

## Customer Service & Management

Dedicated account management

Clear & consistent rates & billing



Rapid & simple implementation

Visible presence & ongoing promotion

## Useful Consultation & Feedback

Quarterly utilization reports (transparent data)

Policy development for drug-free workplace



Consultation to leverage EAP with other benefits

Satisfaction surveys & reported results

## Flexible Training & Worksite Presence

Critical Incident Stress Debriefings (CISDs)

Benefit & wellness fair participation



Supervisor & employee orientations

On-site, online, & live webinar trainings

## Engaged Problem Solving

Supervisor and HR consultations

Referrals for performance and substance abuse



DOT/SAP evaluations with ongoing management

Simple paperwork and tools

# People Need to Know About the EAP

We all have problems. Usually, they affect our personal lives first.



With early intervention, the EAP can help people resolve personal issues quickly and privately so they don't creep into the workplace.

Without early intervention, problems can grow into more serious issues that affect people even more.



The EAP can still help even if problems have escalated, but often additional resources are necessary and job performance is affected.

In time, unresolved issues may lead to dangerous or tragic outcomes at work or at home.



The EAP offers 24-hour crisis support, but by this time, people's lives at work and at home have likely been greatly affected.

**HR and supervisors may not even be aware employees are struggling. Letting them know about the confidential EAP and how to use it can empower employees to take control early and independently.**

**A visible EAP supports early intervention.**

**That's why RBH provides ongoing promotion, dedicated, experienced account management, and responsive customer service at every level.**